

RECOVERED FOR LIFE

WHAT DOES A RECOVERED LIFE LOOK LIKE?

Let's Take A Look 

THIRD STEP PROMISES

We start with a third step promise as "...we begin to lose our fear of today, tomorrow or the hereafter" (BB, p. 63). With this comes a daily commitment to honesty, faithfulness, and humility.



UNDERSTANDING CHARACTER DEFECTS

This part of the recovery journey requires one to look within to further understand internal deficiencies, admit one's wrongs, and ready ourselves for change. This takes transparency and rigorous honesty, which creates a foundation of calmness and joy.

CLEANING UP THE WRECKAGE

Recovery involves rebuilding and repairing one's past. Getting and keeping a job, making amends with friends and family, rebuilding relationships, and creating a self sufficient lifestyle that will carry us through a lifetime of freedom and independence.



CONTINUAL SELF-REFLECTION, MEDITATION, AND SERVICE

One's life is now centered around helping others and living in discipline and contentment. Recovery is infinite, and should be a transparent life of continuous reflection and service to others.



THIS IS WHAT RECOVERY LOOKS LIKE