

# CLINICAL



Solutions of North Texas offers treatment services for individuals and families who want to recover from addiction and its effects. Solutions' counselors utilize the 12 Step philosophies of spiritual and emotional growth in our custom curriculum. Our approach is facilitated by empirically based counseling approaches, combined with our commitment to full family wellness. We guide clients in developing a recovery program which sustains an effective, sober way of living.

## Treatment Services Include:

- Intensive Outpatient Program
- Supportive Outpatient Program
- Individual counseling
- Family counseling
- Drug and alcohol assessments

# INTERVENTION

Intervention is a whole family process. We start by gathering information from the family for a clear picture of the events surrounding their loved one's addiction. We gather history, talk about fears and concerns and come up with the appropriate strategy for each situation. Every intervention process is tailored to the client and family needs. Then our intervention specialist will collaborate with all the parties involved: treatment providers, legal team, client and family to craft an aftercare plan for the short and long term recovery of all those involved. Our team stays connected thru the entire process with both the family and the client to provide support and case management for everyone.



# RESIDENTIAL

Solutions of North Texas opened our doors in 2006 with our first 10-bed residential recovery program for men. Over the years, we have grown to 46 beds for both men and women, added case management services and an increasing list of program benefits, including budgeting, job search skills training and exit strategy planning. Our two main goals for the clients in our residential program are to learn how to stay sober long-term and become emotionally and financially independent.

## Residential Services include:

- Nice, cheerful, and stable housing
- Random drug & alcohol screenings
- 12-step immersion recovery model
- Addiction education & programming
- In-house 12-step meetings
- Level system
- Faith based track (optional)
- Case management
- Family and relational wellness
- Extensive job search program
- Budgeting & financial accountability
- Mentoring program
- Family sessions
- Transition plan & execution