

RECOVERED FOR LIFE

WHAT DOES A RECOVERED LIFE LOOK LIKE?

Let's Take A Look

THIRD STEP PROMISES

We start with a third step promise as "... we begin to lose our fear of today, tomorrow or the hereafter" (39, p. 62). With this comes a daily commitment to honesty, faithfulness, and family.



UNDERSTANDING CHARACTER DEFECTS

The goal of the recovery journey requires one to look within, further understand internal differences, admit one's wrongs, and ready ourselves for change. This takes transparency and integrity forward, which creates a foundation of sobriety and joy.

CLEANING UP THE WRECKAGE

Recovery involves rebuilding and repairing one's past. Getting and keeping a job, making amends with friends and family, rebuilding relationships, and creating a self-sufficient lifestyle that will carry us through a lifetime of freedom and independence.



CONTINUAL SELF-REFLECTION, MEDITATION, AND SERVICE

One's life is now centered around helping others and living in discipline and contentment. Recovery is infinite, and should be a transparent life of continuous reflection and service to others.

Acceptance 12-STEP RESPONSIBILITY PURPOSE HONESTY

Grateful HUMILITY

Spirituality HELPFULNESS

FAITHFULNESS

THIS IS WHAT RECOVERY LOOKS LIKE