

A typical Sontx Residential/Clinical stay

Week 1

- Intake with the Admissions Dept.
- Get assigned room and unpack.
- Meet mentor
- Start looking at sponsor list
- Get Level 1 assignments
- Follow-up appt with Sontx Case Manager
- Obtain Sponsor
- Doctor's Opinion Study
- Attend three meetings a week
- Possible Sponsor meeting
- 3rd Step Study
- 4th Step Study

Week 2

- Job Search Begins Monday – Friday 9 am to 5 pm
- Level one work
- Begin work with Sponsor
- Attend three meetings a week
- IOP Enrollment (optional)
- Attend IOP three nights a week- counts for two of three mandatory weekly meetings

Week 3

- 1st Progress Review
- Rent Accountability Meeting
- Continue job searching or begin working
- Level one work
- Stepwork with sponsor
- Attend three meetings a week or attend IOP

Week 4

- Job Search/Work
- Level one work
- Stepwork with sponsor
- Attend three meetings a week or attend IOP

Month 2

- 2nd Progress Review

Level two work
Work
Step work with sponsor
Attend three meetings a week or attend IOP
No contact lifted
Begin paying rent
Budgeting Meeting

Month 3

3rd Progress Review
Level three work
Work
Stepwork with Sponsor
Attend three meetings a week or attend IOP
Spend time with family and friends
Pay rent

Month 4

3rd Progress Review
Level four work
Work
Stepwork with Sponsor
Attend three meetings a week or attend IOP/SOP
Spend time with family and friends
Pay rent
Budgeting meeting
What's next meeting
Foundation Presentation at house
Make monthly budget

Month 5

4th Progress Review
Level four work
Work
Stepwork with Sponsor

Attend three meetings a week or attend SOP two nights a week
Spend time with family and friends
Pay rent
House event

Month 6 thru Month 12

Level four work
Work
Stepwork with Sponsor
Attend three meetings a week
Spend time with family and friends
Pay rent
Exit Strategy Meeting
Start work on exit budget and plans